

Main Meals

6oz Beef Burger (GFO) £16.50

Topped with Monterey Jack cheese and BBQ sauce, served with chunky chips and side salad

(Bun: wheat, gluten, egg, dairy. Cheese: dairy)

Moving Mountains Vegan Burger (VG) £16.00

Topped with vegan cheese and gherkins, served with chunky chips and side salad

(Burger: wheat, gluten, barley, oats, soybean/soya)

Beer Battered Fish and Chunky Chips £16.50

Hake fillet in crispy golden batter served with garden peas and a classic tartar sauce

(Hake: fish. Batter: wheat. Tartar: egg)

Smoked Haddock and Spring Onion Fishcakes £16.00

Served with dill coleslaw and side salad

(Fishcake: wheat, fish, milk. Coleslaw: egg)

Crispy Chilli Beef (GFO) £16.50

Served with egg noodles and side salad. Optional prawn crackers

(wheat, egg, soya, sulphites. Prawn Crackers: crustaceans, sulphites)

Mediterranean Chickpea Bowl (VG, GFO) £14.00

Served with pitta bread on a bed of rice and salad

(wheat, gluten, soya, sesame, sulphites)

Desserts

All served with a scoop of Ice Cream (VGO – contains soya).

Key Lime Pie (VG) £7.75

(oats, soybean/soya, sulphites)

Sticky Toffee Cheesecake with Caramel Sauce(V) £7.75

(wheat, gluten, eggs, soybean/soya, milk, sulphites)

Lemon & Raspberry Parfait with Caramel Sauce (V, GF) £7.75

(soybean/soya, milk)

Espresso Martini Tiramisu Torte with Chocolate Sauce(V) £7.75

(wheat, gluten, eggs, soybean/soya, milk)

2 Scoops of Ice Cream £4.75

Vanilla (*dairy*), Chocolate (*dairy*) or Vegan Vanilla (*soya*). Optional Chocolate/Caramel sauce

Allergies + intolerances | Please let our staff know every time you visit, before you order. Whilst we take every care to prevent cross-contamination, we cannot guarantee that your dish will be free from allergenic ingredients, as dishes are prepared in areas where these ingredients are present and note that neither fryer is Gluten Free. Please ask for our Allergen Matrix for further information.

Sides

Mixed Meze with Falafel, Houmous, Pitta, Olives & Vegetable Sticks (VG, GFO) <i>(Houmous: sesame. Pitta: wheat, gluten. Falafel: cross contamination in fryer – wheat.)</i>	£8.70
Chunky Chips (VG)	£4.65
Add Cheese (V)	£1.15
<i>(Chips: cross contamination in fryer – wheat. Cheese option: dairy)</i>	
Loaded Chips with Cheese, Jalapenos and Salsa (V)	£6.75
<i>(Chips: cross contamination in fryer – wheat. Cheese: dairy)</i>	
Mini Vegetable Spring Rolls (VG)	£6.50
<i>(wheat, gluten, soybean. May contain: sesame seeds, mustard)</i>	
Vegetable Samosas (VG)	£6.50
<i>(wheat, gluten, soybean/soya)</i>	
Classic Green Salad (VG, GF)	£4.65
<i>Topped with a French Dressing (mustard)</i>	

Lunch Menu Available 12pm – 3pm

Egg Mayo and Watercress Bloomer (V, GFO) <i>(Bread: wheat, gluten, barley, soya. Filling: egg, mustard)</i>	£6.90
Fish Finger Sandwich	£7.60
<i>(Fish: fish, wheat, gluten. Bread: wheat, gluten, barley, soya. Tartar: egg)</i>	
Smoked Salmon with Cream Cheese Bagel (GFO)	£8.25
<i>(Bread: wheat, gluten, barley. Filling: fish, dairy)</i>	
Brie and Bacon Ciabatta (GFO)	£8.00
<i>(Bread: wheat, gluten, barley, soya. Filling: dairy, egg (mayo), sulphites)</i>	
Cheese, Tomato and Pesto Toastie (V, GFO)	£6.90
<i>(Pesto: dairy. Bread: wheat, gluten, barley, soya)</i>	
Vegan Meatball Ciabatta Sub (VG)	£7.60
<i>(wheat, gluten, barley, oats, soya)</i>	

Children Menu

Battered Mini Chicken Bites	£6.75
Served with chunky chips and side salad <i>(Chicken: wheat, gluten)</i>	
Cod Fillet Fish Fingers	£6.75
Served with chunky chips and garden peas <i>(Fish: fish, wheat, gluten)</i>	
Spaghetti and Meatballs (VGO)	£6.75
Topped with grated mozzarella <i>(wheat, gluten, dairy)</i>	
Kids Veggie Platter (VG)	£6.75
Consisting of vegetable sticks, pitta and houmous <i>(Houmous: sesame. Pitta: wheat, gluten)</i>	

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